



Hope Recovery Network Peer Recovery Support PARTICIPANT TIER SYSTEM & RECOVERY PROGRESS



Peer Support is designed to have a beginning, followed by teamwork and progress towards a best possible end. This survey seeks to evaluate the progress, team effectiveness, and future potential of an individual recovery path. Results will be discussed to guide resources available for progress and efficiently budgeted for maintaining support.

Participant Progress Survey: TIER ASSIGNMENT OPTIONS AVAILABLE

1) **MAKING PROGRESS:** We have an engaged team that is On-Board and making measurable progress with plenty of future recovery potential—or areas that can be developed *with* a commitment to action. ****We can continue to make progress with the same amount of resources.***



2) **MAINTAINING:** We are steady-but progress is not being made. Based on the unique circumstances, desires, abilities, and limitations, our team will choose a path to match the sustainable resources available for 'maintaining.' ****Re-evaluate in 3 months based on my recovery stability and available resources.***

PATH A: Re-Focus on Personal Goals & Independence. (Same Time, Re-Focused on Progress)*

Get On-Board to develop healthy wellness habits; skill-building toward more Independence **OR** any measurable progress that will proactively improve versus reactively maintain my current circumstances. The **priority of our time** will be committed to positive goals (*doing something versus stopping something*). We will identify specific areas to progress in, set achievable goals, and follow through with an action plan.



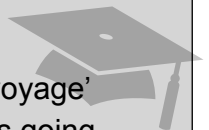
(Examples: Learn a trade; go back to school or self directed study; train physically for more mobility; work on social skills as a community leader, practice technology skills, learn to garden and cook healthy meals —Anything that builds confidence, abilities, healthy habits and improves circumstances & well-being).

PATH B: Scale Back & More Efficient Support. (Same Focus, Less Time)*



Doesn't want to re-focus on making progress—content with personal growth; at the best level of independence; **OR** makes progress in other ways outside peer support. Wants the same type of support and activities that 'maintain' circumstances, so the team will be more efficient (*including bundling social activities/outings with other participants, using other transportation, meeting/checking-in less frequently, etc*).

3) **EXITING SUPPORT: (Ending Direct Service, Immediately or In Stages)**



ON RESERVE: Stable after making progress, or after 2+ yrs of support. We'll have a 'bon-voyage' session, with the option to call my Supporter for emergencies and monthly updates on how its going. ***Re-evaluate in 3 months for either a 'Full Exit,' or continue one additional 3 months on-reserve.***

FULL EXIT: Have reached a stable recovery. It's time to end professional support to let others make progress by driving solo! *If relapses, can rejoin after another referral with a different Peer Supporter.*

OR ON-THE-BENCH: Time for a helpful break to re-evaluate recovery and independence goals.



If chooses to get 'On-Board' to make progress **and** resources are available, can restart support. *Any Peer Supporter assigned or re-assigned will be based on the individual situation.*

After discussing my survey results and available resources, **our team plan is:**

Next Progress Check: (A) 1 Month (B) 3 Months (C) 6 Months (D) Annual Review (E) Full Exit