

## SOAP Progress Notes

### Subjective

A description of the current state of the client including their feelings, affect, performance, and observations from third parties.

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### Objective

Measurable outcomes about your client's progress or performance.

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### Assessment

Your analysis and interpretation of the client's progress.

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### Plan

What is to happen after the visit including referrals, any between-session homework, emergency or safety plans, and when you will next follow up or meet.